Hierarchical, self-similar structure in native squid pen

Fei-Chi Yang, Robert D. Peters, Hannah Dies and Maikel C. Rheinstädter*

The structure of native squid pen (gladius) was investigated in two different species on different length scales. By combining microscopy, atomic force microscopy (AFM), and X-ray diffraction, the experiments probed length scales from millimetres down to nanometres. The gladii showed a hierarchical, self-similar structure in the optical experiments with fibres of different size oriented along the long axis of the gladius. The fibre-like structure was reproduced at the nanoscale in AFM measurements and fibres with diameters of 500 μm, 100 μm, 10 μm, 2 μm and 0.2 μm were observed. Their molecular structure was determined using X-ray diffraction. In the squid gladius, the chitin molecules are known to form nano-crystallites of monoclinic lattice symmetry wrapped in a protein layer, resulting in β-chitin nano-fibrils. Signals corresponding to the α-coil protein phase and β-chitin crystallites were observed in the X-ray experiments and their orientation with respect to the fibre-axis was determined. The size of a nano-fibril was estimated from the X-ray experiments to be about 150 × 300 Å. About 100 of these nano-fibrils are needed to form a 0.2 μm thick micro-fibre. We found that the molecular structure is highly anisotropic with ~90% of the α-coils and β-chitin crystallites oriented along the fibre-axis, indicating a strong correlation between the macroscale structure and molecular orientation.

1. Introduction

Chitin is a polymer of un-branched chains of β-(1-4)-linked 2-acetamido-2-deoxy-β-glucose (N-acetyl-β-glucosamine). It is widely distributed in nature, especially in marine invertebrates, insects, fungi and yeast. Chitin occurs naturally in the crystalline state and X-ray diffraction studies of diverse supporting structures indicate three different types of crystallographic patterns among chitin. α-Chitin, whose chains are arranged in an antiparallel direction with strong intermolecular hydrogen bonding, is found in Crustacea. For γ-chitin, found in the thick cuticle of the stomach of squid genus Loligo, the central chain is arranged in an antiparallel direction between the two adjacent ones. In association with proteins, chitin from squid gladii forms β-chitin, a monoclinic structure where its chains are arranged in a parallel direction with relatively weak intermolecular interactions.

The gladius is a feather-shaped internal structure that supports the squid’s mantle and serves as a site for muscle attachment, as sketched in Fig. 1a. Upon examination, the gladius shows a corrugated, fibre-like structure with channels running along the long axis of the squid. In addition, smaller fibres are observed on the surface of the larger, primary fibres. We combined light microscopy, atomic force microscopy (AFM), and X-ray diffraction to investigate the gladius’ structure at different length scales, ranging from millimetres down to nanometres, as depicted in Fig. 1b.

(a) The pen (gladius) is a feather-shaped internal structure that supports the squid’s mantle and serves as a site for muscle attachment. (b) The structure of the gladius was studied using three different techniques: light microscopy, atomic force microscopy, and X-ray diffraction, covering length scales from millimetres to the molecular level. (c) By aligning the gladius, the molecular structure along the fibres and perpendicular to the fibres was studied using X-ray diffraction.

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fibre-like structures were observed at all length scales down to the molecular level. We found that ~90% of the α-helical coils and monoclinic β-chitin crystallites were oriented parallel to the fibres, indicating a correlation between the structures observed at nano-, micro- and macro-scales, and molecular orientation.

2. Materials and methods

2.1. Sample preparation

Fresh squid gladii were obtained from the local fish market in Tainan, Taiwan, and in Toronto, Canada. The gladii were washed thoroughly with tap water to remove soluble organics and adherent protein, and dried at room temperature in a desiccator in a magnesium nitrate atmosphere (Mg(NO₃)₂) at 25 °C at 52.9 ± 0.22% relative humidity (RH). The gladii were found to deform during the drying process. In order to obtain flat pieces, the gladius was dried between two aluminum sheets. The squid gladii were cut into ~20 mm × 10 mm pieces, and optimized for the microscopy, AFM and X-ray experiments. All samples were stored in a desiccator at 52.9 ± 0.22% RH. Details of the samples are listed in Table 1.

We note that the freshly cut gladius started to dry quickly in air, such that initial experiments did not give conclusive results as the structure kept changing during the time of the experiments. The gladii also changed when stored or investigated in air, such that initial experiments did not give conclusive results of the samples are listed in Table 1.

Table 1. Dimensions of the two squid specimens studied. The gladius was extracted and cut into ~20 mm × 10 mm pieces, and optimized for the microscopy, AFM and X-ray experiments. All samples were stored in a desiccator at 52.9 ± 0.22% RH and T = 25 °C.

<table>
<thead>
<tr>
<th>Sample</th>
<th>Species</th>
<th>Length × width</th>
<th>Gladius</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Sepioteuthis lessoniana</td>
<td>170 mm × 150 mm</td>
<td>180 mm × 20 mm</td>
</tr>
<tr>
<td>2</td>
<td>Uroteuthis chinensis</td>
<td>255 mm × 60 mm</td>
<td>240 mm × 40 mm</td>
</tr>
</tbody>
</table>

2.2. Inverted light microscopy

Optical microscopy in this study was performed using an Olympus BX51 microscope. Samples were placed onto silicon wafers and imaged in dark-field reflection mode with a CCD camera (QIClick, QImaging), which provided high resolution images (1392 × 1040 pixels) for subsequent image analysis. In dark-field microscopy, the unscattered beam is excluded from the image by illuminating the sample with light that when reflected will not be collected by the objective lens. Using this technique results in increased contrast for the features in the squid gladius. A 50× magnification objective (UMPlanFI, Olympus) was used to obtain images with a resolution of 130 nm per pixel. Additional images with lower resolution were taken using a Nikon P520 digital camera in high-resolution macro setting mode.

2.3. Atomic force microscopy

AFM was performed in constant amplitude tapping mode using a commercial AFM (Veeco Caliber, USA). The AFM was placed on an anti-vibration table on top of a granite block to provide isolation from background noise. Cantilevers with a spring constant of ~48 N m⁻¹ and a resonance frequency of 190 kHz were used for this study. Topography and tapping amplitude data were recorded simultaneously for samples mounted on Si wafers. Samples were measured at 25 °C and at a relative humidity of 52.9 ± 0.22%. The humidity was controlled by sealing the AFM heads in a container with a saturated salt solution of magnesium nitrate (Mg(NO₃)₂) at 25 °C. Topography imaging provided a 2-dimensional map of film height in the region of interest. Similarly, tapping amplitude data offer the derivative of the topography, indicating where film height changes rapidly, clearly distinguishing the edges of squid gladius fibres.

2.4. X-ray diffraction experiment

X-ray diffraction data were obtained using the Biological Large Angle Diffraction Experiment (BLADE) in the Laboratory for Membrane and Protein Dynamics at McMaster University. BLADE uses a 9 kW (45 kV, 200 mA) CuKα Rigaku Smartlab rotating anode at a wavelength of 1.5418 Å. Focussing multilayer optics provides a high intensity parallel beam with monochromatic X-ray intensities up to 10¹⁰ counts per s per mm². A sketch of the scattering geometry is shown in Fig. 1c. By aligning the gladius in the X-ray diffractometer, the molecular structure along the fibre direction and perpendicular to the fibres could be determined. We refer to these components of the total scattering vector, Q, as q⊥ and q∥, respectively, in the following. The result of the X-ray experiment is a 2-dimensional intensity map of a large area of the reciprocal space of −2.5 Å⁻¹ < q⊥ < 2.5 Å⁻¹ and −2 Å⁻¹ < q∥ < 2 Å⁻¹. The corresponding
real-space length scales are determined by \( d = 2\pi/|\mathbf{Q}| \) and cover length scales from about 2.5 to 60 Å, incorporating typical molecular dimensions and distances. The squid gladius samples were kept in a temperature- and humidity-controlled chamber, the so-called humidity chamber, during the measurements. Data were collected at \( T = 25 \) °C and 52.9 ± 0.22% relative humidity by exposing them to a saturated salt solution of magnesium nitrate.

3. Results

3.1. Topology from visual inspection, microscopy and atomic force microscopy

The gladii show a corrugated, rippled structure when examined by the eye, as depicted in Fig. 2a. The observed fibres were well oriented running along the long axis of the squid, denoted as the \( z \)-axis in Table 1. Smaller ripples were observed on the surface of the larger, primary ripples. The high resolution microscopy image in Fig. 2b shows a similar picture: large ripples running along the \( z \)-axis coexisting with smaller ripples. Parallel ripples and channels were also observed at sub-micrometre resolution in the AFM images in Fig. 2c and d.

The sizes of the different fibres, as determined from the images in Fig. 2, are listed in Table 2. The largest fibres in Fig. 2a have a diameter of 500 μm; smaller fibres with 100 μm were observed on the surface of the larger fibres. Fibres with diameters of 100 μm, 10 μm and 2 μm were observed in the dark-field microscopy images in Fig. 2b. 2 μm and 0.2 μm fibres were visible in the high-resolution AFM images in Fig. 2c and d.

The images in Fig. 2 cover three orders of magnitude at the length scale and show a hierarchical, self-similar topology of the squid gladius. With the help of X-ray diffraction measurements, we can extend the accessible length scale to the molecular scale.

3.2. Molecular structure from X-ray diffraction

Fig. 3 depicts 2-dimensional X-ray data of samples 1 and 2. The displayed range was determined to cover the length scales of the features of interest in preliminary experiments. The scattered intensity in a small rectangle located at \( q_z \sim 2.25 \text{ Å}^{-1} \) and \( q_{||} \sim 2 \text{ Å}^{-1} \), where no diffraction maxima occurred, was used as background and subtracted from the data. The data in Fig. 3a and b show a distinct non-isotropic distribution of the diffracted intensity with pronounced and well defined intensities along the \( q_z \) and \( q_{||} \) axes. Sample 1 was found to diffract less well overall, as checked with several pieces from different parts of the gladius, however the diffraction patterns of samples 1 and 2 qualitatively agree very well and show the same features.

For a quantitative analysis, the 2-dimensional data were extracted and analyzed separately along the \( q_z \) and \( q_{||} \) axis. The results are shown in Fig. 4a and b. To capture all diffracted intensity of a given peak, the 2-dimensional data were integrated radially over 25° from the equator of \( q_l \) and over 25° from the meridian of \( q_z \), as depicted in the insets of Fig. 4a and b. Several intensity maxima in the 1-dimensional data were observed along both the \( q_z \) and \( q_{||} \) axis. Lorentzian peak profiles were fitted to and the corresponding correlation peaks labeled \( 1_{||}, 2_{||}, 3_{||}, 4_{||} \) and \( 1_z, 2_z, 3_z, 4_z \), respectively.

The angular distribution of the diffracted intensities was determined by integrating over the azimuthal angle \( \phi \). The corresponding \( \phi \)-profiles of the in-plane reflections \( 2_{||} \) and
Fig. 3 Two-dimensional X-ray data with background subtracted for Samples 1 (a) and 2 (b). Pronounced diffraction peaks can be observed along both the $q_{z}$- and $q_{\parallel}$-axis. The fact that intensity maxima mainly occurred on one of the axes was indicative that the corresponding molecular structures are anisotropic and highly aligned with respect to $z$ and $x$.

$(3_{\parallel} + 4_{\parallel})$ are shown in Fig. 5a and b. The in-plane peaks showed a broad distribution, which was well fit by a single Lorentzian peak profile with a $\phi$-width (HWHM) of $\sim 17^\circ$.

Because of this large angular distribution of the diffracted intensities around the equator and meridian, features could appear simultaneously in both directions in the data in Fig. 4a and b. The peak patterns were, therefore, fitted simultaneously in $q_z$ and $q_{\parallel}$ using the following procedure: in the first round, the main peaks (marked as $1_{\parallel}$, $2_{\parallel}$, $3_{\parallel}$, and $4_{\parallel}$ in Fig. 4a) were fitted in $q_{\parallel}$. The corresponding peaks were then included in the fitting of the $q_z$ data in Fig. 4b. The position and width were kept fixed and only the amplitude was varied. The fitted out-of-plane

Fig. 4 The 2-dimensional data in Fig. 3 were cut along the $q_{z}$ (a) and $q_{\parallel}$-axis (b). To capture all diffracted intensity, the 2-dimensional data were integrated radially over 25° from the equator for $q_{z}$ and over 25° from the meridian for $q_{\parallel}$, as depicted in the insets. Solid lines are fits using Lorentzian peak profiles. In-plane peaks are plotted in magenta, and peaks along $q_{z}$ in green. Both directions were fitted simultaneously. The fitted peak positions and widths (given as HWHM) are listed in Tables 3 and 4, and were assigned to an $\alpha$-helical and a monoclinic structure.
Bragg peaks $1_2$, $2_\pi$, $3_2$ and $4_2$ were then included in fitting the $q_1$-axis data. This cycle was repeated several times until good agreement between the fit and the data was obtained.

The peaks could be assigned to in-plane and out-of-plane features using this procedure, as listed in Tables 3 (in-plane) and 4 (along the fibre-axis). We can at this point not assign the yellow contribution in Fig. 4a and b, which had an identical intensity in both directions, indicative of an amorphous structure in the native gladius with a length scale of $\sim 3.8$ Å. Peak 1 $\parallel$ stems from the Kapton windows of the X-ray humidity chamber and was, therefore, not included in the structure determination. We note that the Kapton does not scatter isotropically, which would be observed as a powder ring in the 2-dimensional diffraction data. The Kapton foils used for the X-ray windows are rolled to a thickness of 13 μm. This process leads to a preferred orientation in the polyimide film and to the observed anisotropy. The peaks in Tables 3 and 4 can be assigned to $\alpha$-helical and monoclinic structures, as will be explained in the next section.

### 3.3. Chitin and protein structures in the native squid gladius

$\beta$-Chitin has been found to form in the squid gladius in association with proteins. The chitin molecules were found to organize in chitin nano-crystals, which are wrapped in a protein layer to form nano-fibrils. These fibrils eventually organize into larger fibres. When extracting $\beta$-chitin from the squid gladius, yields between $\sim 25$ and 45% were reported. The protein component after chemical extraction is typically $\sim 75\%$. The X-ray experiments were sensitive to the corresponding protein and chitin structures, namely the $\alpha$-helical protein phase and the monoclinic $\beta$-chitin crystallites.

### 3.4. Scattering from $\alpha$-coils

The diffraction pattern of an ideal helix was first written down by Pauling and Corey. The periodic structures of the helix along the diagonal directions are the well-known helix peaks, which typically appear as a cross in X-ray diffraction data from a crystalline, well-ordered specimen. The first order helix peak is observed as a weak feature in the 2-dimensional data in Fig. 3, as marked by the circle. Higher order peaks and side oscillations are usually observed in a crystalline specimen measured at liquid nitrogen temperature. They are, however, most likely suppressed by thermal positional fluctuations and the intrinsic disorder in native samples at elevated temperatures. The $q_1$ and $q_2$ positions of the helical peak map to the distance of the pitch, $P_h$, of the helices and the radius, $R_h$, in real space by: $q_1 = 5\pi / (8R_h)$ and $q_2 = 2\pi / P_h$. The position of the (101) peak of the helices are found to be $q_1 = 0.60$ Å$^{-1}$ and $q_2 = 0.60$ Å$^{-1}$ for Sample 1, and $q_1 = 0.53$ Å$^{-1}$ and $q_2 = 0.80$ Å$^{-1}$ for Sample 2. The values for $R_h$ and $P_h$ for both samples were calculated using the above equations and are listed in Table 5.

The proteins in the squid gladius are known to organize into bundles of proteins, whose structure is dominated by $\alpha$-helical

### Table 3 Fitted peak positions and widths (as HWHM) for the parallel direction in Fig. 4a. Errors given are the fitting errors. The corresponding correlation peaks were assigned to $\alpha$-helical and monoclinic structures, as explained in the text.

<table>
<thead>
<tr>
<th>Sample 1</th>
<th>Sample 2</th>
<th>$\alpha$-Coil</th>
<th>Monoclinic</th>
</tr>
</thead>
<tbody>
<tr>
<td>Amplitude (counts)</td>
<td>Position (Å$^{-1}$)</td>
<td>Width (Å$^{-1}$)</td>
<td>Amplitude (counts)</td>
</tr>
<tr>
<td>$1_\parallel$</td>
<td>63 ± 3</td>
<td>0.409 ± 0.001</td>
<td>0.026 ± 0.002</td>
</tr>
<tr>
<td>$2_\parallel$</td>
<td>33 ± 2</td>
<td>0.58 ± 0.01</td>
<td>0.21 ± 0.02</td>
</tr>
<tr>
<td>$3_\parallel$</td>
<td>15 ± 12</td>
<td>1.36 ± 0.02</td>
<td>0.09 ± 0.05</td>
</tr>
<tr>
<td>$4_\parallel$</td>
<td>20 ± 10</td>
<td>1.48 ± 0.06</td>
<td>0.16 ± 0.05</td>
</tr>
</tbody>
</table>

### Table 4 Fitted peak positions and widths (as HWHM) for the perpendicular direction in Fig. 4b. Errors given are the fitting errors. The corresponding correlation peaks were assigned to $\alpha$-helical and monoclinic structures.

<table>
<thead>
<tr>
<th>Sample 1</th>
<th>Sample 2</th>
<th>$\alpha$-Coil</th>
<th>Monoclinic</th>
</tr>
</thead>
<tbody>
<tr>
<td>Amplitude (counts)</td>
<td>Position (Å$^{-1}$)</td>
<td>Width (Å$^{-1}$)</td>
<td>Amplitude (counts)</td>
</tr>
<tr>
<td>$1_\perp$</td>
<td>9.6 ± 0.6</td>
<td>0.619 ± 0.007</td>
<td>0.12 ± 0.01</td>
</tr>
<tr>
<td>$2_\perp$</td>
<td>122 ± 3</td>
<td>1.2439 ± 0.0004</td>
<td>0.0166 ± 0.0005</td>
</tr>
<tr>
<td>$3_\perp$</td>
<td>66 ± 1</td>
<td>1.9098 ± 0.0009</td>
<td>0.0550 ± 0.0001</td>
</tr>
<tr>
<td>$4_\perp$</td>
<td>165 ± 1</td>
<td>2.473 ± 0.002</td>
<td>0.044 ± 0.004</td>
</tr>
</tbody>
</table>
coiled-coils. The main features of this pattern are a $\sim$10 Å (corresponding to $q_{\|} \sim 0.6 \text{ Å}^{-1}$) equatorial reflection corresponding to the spacing between adjacent coiled-coils and a $\sim$5.0 Å meridional reflection (corresponding to $q_{z} \sim 1.25 \text{ Å}^{-1}$) corresponding to the superhelical structure of $\alpha$-helices twisted around each other within coiled-coils.\(^{27-29}\) Reflections $2_1$ and $2_2$ in Tables 3 and 4 were, therefore, assigned to $\alpha$-coils. We note that these peaks are related to generic $\alpha$-helical coils of monomeric proteins, and not specific to a certain type of protein. Because helix and coiled-coil peaks were found in the diffraction data, we argue that these peaks belong to a protein phase rather than, for instance, $\alpha$-chitin.

### 3.5. Scattering from $\beta$-chitin

Crystalline monoclinic $\beta$-chitin was reported to order in the monoclinic space group $P2_1$ with unit cell dimensions $a = 4.85$ Å, $b = 9.26$ Å, $c = 10.38$ Å, and $\beta = 97.5^\circ$ by Blackwell, Parker and Rudall.\(^{17,18}\) The corresponding $q_{\text{helix}}$ positions for a monoclinic symmetry are given by:\(^{16}\)

$$q_{\text{helix}}^2 = \frac{4\pi^2}{\sin^2 \gamma} \left( \frac{h^2 k^2 + h^2 l^2 \sin^2 \gamma}{c^2} - 2hk \cos \gamma \right)$$

(1)

The positions of the (020), (110), (001), (002), (003), and (004) reflections agree well with the reported monoclinic $\beta$-chitin structure. One thing worth noting is that the (001) and (003) reflections, which should be systematically absent in this space group, were observed in the data. This effect has been frequently observed in soft materials and is a consequence of the inherent disorder in these systems.\(^{31,32}\) Extinction rules may be lifted when soft structures deviate from their nominal crystal structure to form a space filling pattern.

The lattice parameters were determined from the $q_{||}$-values in Tables 3 and 4. The monoclinic angle, $\gamma$, could not be determined from our measurements, as only powder averages were observed in the $ab$-plane (perpendicular to the fibre-axis). As a result, the value of $\gamma = 97.5^\circ$ was used from the original papers by Blackwell.\(^{17,18}\) The lattice parameter $c$ was determined from the averaged positions of the (001) reflection:

$$q_{(001)}^2 = \left( \frac{4\pi^2 l^2}{c^2} \right)$$

(2)

to be $c = 10.15$ Å. Parameters $a$ and $b$ were determined from the positions of the (020) and (110) peaks along the $q_{||}$-axis:

$$q_{(020)}^2 = \frac{4\pi^2}{\sin^2 \gamma} \left( \frac{2^2}{b^2} \right)$$

(3)

and

$$q_{(110)}^2 = \frac{4\pi^2}{\sin^2 \gamma} \left( \frac{1^2}{a^2} + \frac{1^2}{b^2} - \frac{211 \cos \gamma}{ab} \right)$$

(4)

to $a = 9.32$ Å and $b = 5.15$ Å. The monoclinic unit cell parameters for the two samples are listed in Table 4.

We note that the $2_2$ reflection in Fig. 4b is significantly stronger than the other reflections. Based on the models above, this peak has contributions from both the coiled-coils and the monoclinic lattice.

### 4. Discussion

A hierarchical chitin structure was found in crustacean exoskeleton,\(^{33-34}\) where fibres consisting of $\alpha$-chitin crystals organize into a planar woven and periodically branched network in the so-called twisted plywood structure of high stiffness. Concerning $\beta$-chitin, a periodic structure in the gladius of the squid *Loligo vulgaris* was observed by Hunt and Sherief\(^{23}\) using electron microscopy and was related to the formation of chitin–protein complexes. Corresponding protein-chitin structures were reported decades ago by Blackwell, Germinario and Weih,\(^{21}\) where the proteins formed a helical sheath around chitin fibrils. A lamellar structure has also been reported more recently by Lavall, Assis and Campana-Filho.\(^{22}\) De-proteinated, de-mineralized and de-acetylated gladii were used for these studies. We studied the molecular structure and organization in the native state of the gladius.

We observed a hierarchical, self-similar structure in the gladius of two different species. The surface of the gladii showed a fibre-like structure with fibres running along the long axis of the squid as observed by the eye, under the light microscope and the AFM. The diffracted intensities in the X-ray experiments could be assigned to an $\alpha$-helical protein phase and monoclinic $\beta$-chitin crystallites. The corresponding lattice parameters in Table 5 are in good agreement with the parameters for crystalline $\beta$-chitin, as determined by Blackwell.\(^{17,18}\) The absolute values for the monoclinic parameters $a$, $b$ and $c$ deviate by $\sim$7% from Blackwell’s values. The largest deviation was observed in the lattice parameter $a$. Because it was not possible to determine the monoclinic angle, $\gamma$, independently from our X-ray measurements, this difference could also be the result of a slightly different $\gamma$-value. We note that the differences

<table>
<thead>
<tr>
<th>Sample</th>
<th>$R_0$ (Å)</th>
<th>$P_0$ (Å)</th>
<th>Degree of orientation ($f_0$)</th>
<th>Protein layer thickness (Å)</th>
<th>$a$ (Å)</th>
<th>$b$ (Å)</th>
<th>$c$ (Å)</th>
<th>$\gamma$ (°)</th>
<th>Degree of orientation ($f_0$)</th>
<th>Crystallite size (Å)</th>
<th>Diameter (Å)</th>
<th>Length (Å)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>3.70</td>
<td>7.85</td>
<td>92.0%</td>
<td>28</td>
<td>5.15</td>
<td>9.32</td>
<td>10.15</td>
<td>97.5</td>
<td>92.3%</td>
<td>65 × 163</td>
<td>122</td>
<td>219</td>
</tr>
<tr>
<td>2</td>
<td>3.27</td>
<td>10.47</td>
<td>86.9%</td>
<td>51</td>
<td>5.24</td>
<td>9.40</td>
<td>9.24</td>
<td>97.5</td>
<td>87.5%</td>
<td>74 × 222</td>
<td>176</td>
<td>324</td>
</tr>
</tbody>
</table>
in the lattice parameters between the two species, which were investigated in this study, were much smaller, namely less than 3%.

Herman's orientation function,

\[ f = \frac{3 \cos^2(\phi) - 1}{2}, \tag{5} \]

was used to determine the degree of orientation of the \( \alpha \)-coils and monoclinic \( \beta \)-chitin crystallites with respect to the fibre-axis. The \( \phi \) (azimuthal) profiles are plotted and fitted in Fig. 5a and b. The angular width of peak \( 2_\parallel \) in Fig. 5a was used to obtain the orientation of the \( \alpha \)-coils. The reflections \( \{3_\parallel + 4_\parallel\} \) in Fig. 5b determined the orientation of the \( \beta \)-chitin crystallites. Using the above equation, 92\% of the \( \beta \)-chitin crystallites and \( \alpha \)-coils in Sample 2 were oriented along the fibre (\( z \)) axis of the squid gladius. The values are summarized in Table 5.

The results of the X-ray diffraction experiments indicate a high degree of molecular organization in the native squid gladius. These results strongly support the results of Blackwell,\textsuperscript{21} who suggested chitin fibrils wrapped in helical proteins as the elementary unit of organization. From the X-ray data in Fig. 3 and Table 5, these complexes were found to be highly aligned along the long axis of the gladius. The self-similar structures, which were observed at different length scales in Fig. 2, suggest that these fibrils organize into larger and larger fibres, which eventually result in the corrugated macroscopic structure.

We note that while the distribution of the \( 2_\parallel \) reflection in Fig. 5a is well fitted by a Lorentzian peak profile, the top of the peak appears to be slightly split. A splitting of the \( 2_\parallel \) peak can also be observed in the 2-dimensional data in Fig. 3a. Peaks \( 1_\parallel, 2_\parallel, 3_\parallel \) and \( 4_\parallel \) can be assigned to the monoclinic \( \beta \)-chitin phase. If the observed splitting was related to \( \beta \)-chitin, it should be more pronounced in the higher order reflections \( 3_\parallel \) and \( 4_\parallel \). The absence of a splitting in these peaks is strong evidence that the observed effect is due to the \( \{001\} \) reflection of the \( \alpha \)-coil phase. Following the same argument, the \( 2_\parallel \) reflection is part of the \( \alpha \)-coil phase; peaks \( 3_\parallel \) and \( 4_\parallel \) are related to the \( \beta \)-chitin phase. The split is, therefore, indicative of a preferred tilt of \( \sim 10^\circ \) of the \( \alpha \)-coils in the coiled-coil phase with respect to the \( z \) axis of the gladius.

The size of the \( \beta \)-chitin crystallites and the coiled-coil phase was estimated by applying Scherrer’s equation:\textsuperscript{36}

\[ L = \frac{0.94\lambda}{B(2\theta)\cos(\theta)}, \tag{6} \]

where \( \lambda \) is the wavelength of the X-ray beam, \( \theta \) is the diffraction angle, and \( B(2\theta) \) is the width of the correlation peak in radians. Using the parameters in Tables 3 and 4 for the \( 2_\parallel \) and

Fig. 6 Hierarchy of the main structural levels in the squid gladius: \( \beta \)-chitin crystallites wrapped in a protein layer form the so-called nano-fibrils, which are the building blocks of 0.2 \( \mu \)m sized micro-fibres. These fibres aggregate into 2 \( \mu \)m, 10 \( \mu \)m, 100 \( \mu \)m and 500 \( \mu \)m thick fibres, which eventually form the squid gladius.
31-reflections for the coil phase and β-chitin, respectively, the size of the corresponding protein phase and the β-chitin crystallites can be calculated. The corresponding values are listed in Table 5.

A protein layer of 51 Å is calculated for Sample 2 and a crystallite size of ~74 Å. When assuming that a nano-fibril is composed of one crystallite wrapped in a protein layer, the diameter of such a nano-fibril can be estimated by the size of a crystallite and two layers of proteins to be ~176 Å. This value is in good agreement with Mulisch et al., who reported ~20 nm wide fibrils. From the width of the correlation peak in the z-direction, the length of a nano-fibril can be estimated to be 324 Å, based on a crystallite length of 222 Å and two protein layers. The findings are summarized in Fig. 6.

The smallest fibre (a micro-fibre) that could be resolved in the AFM experiments in Fig. 2 and Table 2 had a diameter of about 2000 Å (0.2 μm). Based on the spatial resolution of AFM and X-ray experiment we can at this point not exclude the existence of even smaller fibres whose size would be slightly too small to be resolved by the AFM, yet too large to be detected by wide-angle X-ray diffraction. However, when assuming that the nano-fibrils form a hexagonally close-packed structure, the total number of nano-fibrils in a micro-fibre can be estimated by the ratio between their areas multiplied by the packing density of close-packed cylinders of 0.91 to ~117 nano-fibrils.

One of the hallmarks of biological materials is their strictly hierarchical organization at different levels. This organization is often linked to superior mechanical properties, such as high tensile strength, toughness, and bending resistance. The corresponding structures are typically assembled from the bottom up, rather than from the top down, and spontaneously self-assemble at the nanoscale. The fact that natural materials are grown (both the material and the whole organism grow at the same time) rather than being fabricated makes them more complex than synthetic materials. Hierarchical self-assembly is often related to fractals because of their self-similarity, as recently reported for coiled-coil peptides and in particular protein fibres. The process of self-assembly is the result of a complex interplay between free energy and entropy, where the order and organization eventually win over the second law of thermodynamics.

5. Conclusions

The squid gladius is an internal structure that supports the squid’s mantle and serves as a site for muscle attachment. It is made of two main components, proteins and β-chitin. We find evidence for a hierarchical, self-similar structure in the native squid gladius from millimetres down to the molecular level. The extracted gladii showed an anisotropic, fibre-like structure as observed by the eye and under the microscope. A self-similar structure was observed at the nanoscale with AFM, and fibres with diameters from 500 μm down to 0.2 μm were observed. Using X-ray diffraction, the molecular structure of native squid gladii of the two different species was determined. Scattering signals corresponding to an α-helical protein phase and the monoclinic β-chitin crystallites were observed. The chitin lattice parameters in the two species agreed well with parameters reported in the literature. About 90% of the α-coils and β-chitin crystallites were found to be oriented along the fibre axis. From the size of a β-chitin crystallite and the protein phase, the size of a nano-fibril was estimated to be ~150 Å x 300 Å. About 100 nano-fibrils then form a micro-fibre, with a diameter of 0.2 μm. The experiments present evidence for a strong correlation between the macroscale structure and molecular orientation.

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